| <b>©.</b> \O                    | (Rev. 06/05) Jud<br>Sheet 1   | gment in a Criminal Case  |  |  |
|---------------------------------|---|---|--|--|
|                                 |   | United Stati  | ES DISTRICT COURT  |  |
| EASTERN Dist                    |   | rict of   | PENNSYLVANIA   |  |
| 1<br>Ul                         |   | OF AMERICA  | JUDGMENT IN A CR   | UMINAL CASE  |
|                                 | CHRISTIAN I   | KOWALKO   | CRIMINAL NO.<br>DPAE2:11CR000248-009   |  |
|                                 |   | FILED   | USM Number:  | 67130-066  |
| AUG 0 1 2013                    |   | Jerome Brown, Esquire   |  |  |
|                                 | SENDANT:  | MICHAELE. KUNZ, Clerk<br>ByCep. Clerk   | Defendant's Attorney   |  |
| •                               | l guilty to count(s)  |   |  |  |
| Dleaded which v                 | l nolo contendere to<br>was accepted by the                             | • -   |  |  |
| X was fou                       | and guilty on count(<br>plea of not guilty.                             |   |  |  |
| The defen                       | dant is adjudicated   | guilty of these offenses:   |  |  |
| <u>Title &amp; So</u><br>21:846 |   | Nature of Offense<br>CONSPIRACY TO DISTRIBUTE A<br>POSSESSION WITH INTENT TO<br>ANABOLIC STEROIDS                             |  | Offense Ended APRIL, 2011 1ss 3/18/2011 2ss  |
| the Senter                      | ncing Reform Act of   | and not guilty on count(s)  |  | nt. The sentence is imposed pursuant to  |
| ☐ Count(                        |   |   | are dismissed on the motion of   |  |
| or mailing<br>the defend        | t is ordered that the<br>address until all find<br>lant must notify the | defendant must notify the United State<br>es, restitution, costs, and special assess<br>court and United States attorney of m | es attorney for this district within<br>sments imposed by this judgmen<br>naterial changes in economic cir | n 30 days of any change of name, residence,<br>t are fully paid. If ordered to pay restitution,<br>cumstances. |
| alılı                           | 2   |   | JULY 31, 2013  | <del>_</del>   |
| 8/1/1.<br>C                     | c D.ay,   | dird  | Date of Imposition of Judgm  | ent /  |
|                                 | 4.60<br>US/N  | ushal   | Signature of Judge   |  |
|                                 | Proto   | il  | PAUL S. DIAMOND, U. S.<br>Name and Title of Judge  | DISTRICT COURT JUDGE   |
|                                 | Fisca   | l   | JULY 31, 2013 Date   |  |
|                                 | FLU   |   |  |  |

|   | mprisonment  | Judgment -   | — Page 2 of 6                                 |
|---|--|--|---|
| EFENDANT:<br>ASE NUMBER:  | CHRISTIAN KOWALKO<br>DPAE2:11CR000248-009  |  |   |
|   | IMPRISON   | MENT   |   |
| The defendant tal term of:  | is hereby committed to the custody of the United St  | ates Bureau of Prisons to be imp                             | orisoned for a                                |
| FORTY EI  | GHT (48) MONTHS ON EACH OF COUNTS 1  | ss & 2ss TO BE SERVED COI                                    | NCURRENTLY.                                   |
| THE COURT   | es the following recommendations to the Bureau of RECOMMENDS THE DEFENDANT SERVE I ONSISTENT WITH HIS NEED FOR MENTAL                                | Prisons:<br>HIS SENTENCE AS CLOSE I<br>, HEALTH TREATMENT AN | TO PHILADELPHIA, PA A<br>ID TREATMENT FOR HIS |
| ADDICTION   | 10 STEROIDS.   |  |   |
|   | is remanded to the custody of the United States Ma   |  |   |
|   | shall surrender to the United States Marshal for this  |  |   |
|   | { } { a.m. } p.m. ¢  | on   | ·   |
|   |  |  |   |
| as notifie  | d by the United States Marshal.  |  |   |
| ☐ as notifie  | d by the United States Marshal. shall surrender for service of sentence at the institu   | tion designated by the Bureau of                             | Prisons:                                      |
| as notifie  | shall surrender for service of sentence at the institu   | tion designated by the Bureau of                             | Prisons:                                      |
| ☐ as notified  The defendant  before 2                            | shall surrender for service of sentence at the institu   | tion designated by the Bureau of                             | Prisons:                                      |
| ☐ as notified  The defendant  before 2  ☐ as notified             | shall surrender for service of sentence at the institu   | tion designated by the Bureau of                             | Prisons:                                      |
| □ as notifie  The defendant  before 2  □ as notifie               | shall surrender for service of sentence at the institute.  p.m. on   |  | Prisons:                                      |
| ☐ as notified  The defendant before 2 ☐ as notified ☐ as notified | shall surrender for service of sentence at the institute.  p.m. on  d by the United States Marshal.  d by the Probation or Pretrial Services Office. |  | Prisons:                                      |

| Defendant delivered on | to  |
|------------------------|---|
| ı                      | , with a certified copy of this judgment. |
|                        |   |

UNITED STATES MARSHAL

By \_\_\_\_\_\_DEPUTY UNITED STATES MARSHAL

Judgment—Page 3 of 6

DEFENDANT:

CHRISTIAN KOWALKO

CASE NUMBER:

DPAE2:11CR000248-009

## SUPERVISED RELEASE

Upon release from imprisonment, the defendant shall be on supervised release for a term of :

## THREE (3) YEARS ON EACH OF COUNTS 1ss AND 2ss TO BE SERVED CONCURRENTLY.

The defendant must report to the probation office in the district to which the defendant is released within 72 hours of release from the custody of the Bureau of Prisons.

The defendant shall not commit another federal, state or local crime.

The defendant shall not unlawfully possess a controlled substance. The defendant shall refrain from any unlawful use of a controlled substance. The defendant shall submit to one drug test within 15 days of release from imprisonment and at least two periodic drug tests thereafter, as determined by the court.

- The above drug testing condition is suspended, based on the court's determination that the defendant poses a low risk of future substance abuse. (Check, if applicable.)
- X The defendant shall not possess a firearm, ammunition, destructive device, or any other dangerous weapon. (Check, if applicable.)
- X The defendant shall cooperate in the collection of DNA as directed by the probation officer. (Check, if applicable.)
- The defendant shall register with the state sex offender registration agency in the state where the defendant resides, works, or is a student, as directed by the probation officer. (Check, if applicable.)
- ☐ The defendant shall participate in an approved program for domestic violence. (Check, if applicable.)

If this judgment imposes a fine or restitution, it is a condition of supervised release that the defendant pay in accordance with the Schedule of Payments sheet of this judgment.

The defendant must comply with the standard conditions that have been adopted by this court as well as with any additional conditions on the attached page.

## STANDARD CONDITIONS OF SUPERVISION

- 1) the defendant shall not leave the judicial district without the permission of the court or probation officer;
- the defendant shall report to the probation officer and shall submit a truthful and complete written report within the first five days of each month;
- the defendant shall answer truthfully all inquiries by the probation officer and follow the instructions of the probation officer;
- the defendant shall support his or her dependents and meet other family responsibilities;
- 5) the defendant shall work regularly at a lawful occupation, unless excused by the probation officer for schooling, training, or other acceptable reasons;
- the defendant shall notify the probation officer at least ten days prior to any change in residence or employment;
- 7) the defendant shall refrain from excessive use of alcohol and shall not purchase, possess, use, distribute, or administer any controlled substance or any paraphernalia related to any controlled substances, except as prescribed by a physician;
- 8) the defendant shall not frequent places where controlled substances are illegally sold, used, distributed, or administered;
- 9) the defendant shall not associate with any persons engaged in criminal activity and shall not associate with any person convicted of a felony, unless granted permission to do so by the probation officer;
- the defendant shall permit a probation officer to visit him or her at any time at home or elsewhere and shall permit confiscation of any contraband observed in plain view of the probation officer;
- 11) the defendant shall notify the probation officer within seventy-two hours of being arrested by a law enforcement officer;
- the defendant shall not enter into any agreement to act as an informer or a special agent of a law enforcement agency without the permission of the court; and
- as directed by the probation officer, the defendant shall notify third parties of risks that may be occasioned by the defendant's criminal record or personal history or characteristics and shall permit the probation officer to make such notifications and to confirm the defendant's compliance with such notification requirement.

AO (Rev. 06/05) Judgment in a Criminal Case

Sheet 3A — Supervised Release

Judgment—Page \_\_4 of \_\_6

DEFENDANT: CASE NUMBER: CHRISTIAN KOWALKO DPAE2:11CR000248-009

## ADDITIONAL SUPERVISED RELEASE TERMS

The defendant shall refrain from the illegal possession and use of drugs and shall submit to urinalysis or other forms of testing to ensure compliance. It is further ordered that the defendant shall submit to evaluation and treatment as approved by the U. S. Probation Office. The defendant shall abide by the rules of any program and shall remain in treatment until satisfactorily discharged with the approval of the Court.

The defendant shall provide the U. S. Probation Office with full disclosure of his financial records to include yearly income tax returns upon request. The defendant shall cooperate with the Probation Officer in the investigation of his/her financial dealings and shall provide truthful monthly statements of his income.

The defendant is prohibited from incurring any new credit charges or opening additional lines of credit without the approval of the probation officer, unless the defendant is in compliance with a payment schedule for any fine or restitution obligation or otherwise has the express approval of the Court. The defendant shall not encumber or liquidate interest in any assets unless it is in direct service of the Fine obligation or otherwise has the express approval of the Court.

The defendant shall participate in a mental health program for evaluation and/or treatment as approved by the Court after receiving a recommendation by the Probation Office. The defendant shall remain in treatment until satisfactorily discharged with the approval of the Court.

Payment of the Fine is a condition of Supervised Release and the defendant shall satisfy the amount due in monthly installments of not less the \$200.00. to commence 90 days after release from custody.

| AO 2 | 45B (Rev. 06/<br>Sheet 5 —                             | 05) Judgment in a Criminal Case  — Criminal Monetary Penalties  |   |  |  |
|------|--|---|---|--|--|
|      | FENDANT:<br>SE NUMBER:                                 | CHRISTIAN KOWALKO<br>DPAE2:11CR000248-009   | L MONETARY PEN                                  | ·  | rage 5 of 6  |
|      | The defendant  | must pay the total criminal monetary pe   | nalties under the sched                         | ule of payments on Shee                              | t 6.   |
| TO   | TALS \$  | Assessment<br>200.00  | Fine<br>\$ 15,000.                              | Resi<br>\$   | <u>titution</u>  |
|      | The determinat   | tion of restitution is deferred until   | An Amended Jud                                  | lgment in a Criminal (                               | Case (AO 245C) will be entered   |
|      | The defendant  | must make restitution (including comme  | unity restitution) to the                       | following payees in the                              | amount listed below.   |
|      | If the defendan<br>the priority ord<br>before the Unit | it makes a partial payment, each payee s<br>der or percentage payment column below<br>ted States is paid.                   | hall receive an approxi<br>w. However, pursuant | mately proportioned pay<br>to 18 U.S.C. § 3664(i), a | ment, unless specified otherwise in<br>all nonfederal victims must be paid |
| Nar  | ne <u>of Payee</u>                                     | <u>Total Loss*</u>  |   | tion Ordered   | Priority or Percentage   |
|      |  |   |   |  |  |
| то   | TALS   | \$  | <u> </u>  |  |  |
|      | Restitution an   | nount ordered pursuant to plea agreeme  | nt \$   | <u> </u>   |  |
| Х    | fifteenth day :  | It must pay interest on restitution and a fafter the date of the judgment, pursuant or delinquency and default, pursuant to | to 18 U.S.C. § 3612(†).                         | 0, unless the restitution of All of the payment opt  | or fine is paid in full before the ions on Sheet 6 may be subject          |
|      | The court det  | ermined that the defendant does not hav   | e the ability to pay inte                       | rest and it is ordered tha                           | t:   |
|      | ☐ the intere   | est requirement is waived for the   | fine   restitution.                             |  |  |
|      | ☐ the intere   | est requirement for the   | restitution is modifi                           | ied as follows:                                      |  |

<sup>\*</sup> Findings for the total amount of losses are required under Chapters 109A, 110, 110A, and 113A of Title 18 for offenses committed on or after September 13, 1994, but before April 23, 1996.

| AO 2               | 45B                     | (Rev. 06/05) Judgment in a Criminal Case Sheet 6 — Schedule of Payments  Independent Page 6 of 6   |  |  |
|--------------------|-------------------------|--|--|--|
|                    |                         | Judgment — rage <u>o o e e e</u>   |  |  |
|                    |                         | DANT: CHRISTIAN KOWALKO UMBER: DPAE2:11CR000248-009  |  |  |
| 0.1.0              |                         | SCHEDULE OF PAYMENTS   |  |  |
| Hav                | ing a                   | ssessed the defendant's ability to pay, payment of the total criminal monetary penalties are due as follows:   |  |  |
| A                  |                         | Lump sum payment of \$ 15,200. due immediately, balance due  |  |  |
|                    |                         | not later than X in accordance   |  |  |
| В                  |                         | Payment to begin immediately (may be combined with $\Box$ C, $\Box$ D, or $\Box$ F below); or  |  |  |
| C                  |                         | Payment in equal (e.g., weekly, monthly, quarterly) installments of \$ over a period of (e.g., months or years), to commence (e.g., 30 or 60 days) after the date of this judgment; or   |  |  |
| D                  |                         | Payment in equal (e.g., weekly, monthly, quarterly) installments of \$ over a period of (e.g., months or years), to commence (e.g., 30 or 60 days) after release from imprisonment to a term of supervision; or  |  |  |
| £                  |                         | Payment during the term of supervised release will commence within (e.g., 30 or 60 days) after release from imprisonment. The court will set the payment plan based on an assessment of the defendant's ability to pay at that time; or  |  |  |
| F                  | X                       | Special instructions regarding the payment of criminal monetary penalties:   |  |  |
|                    |                         | The defendant shall make quarterly payments of \$25.00 from any wages he may earn in prison in accordance with the Bureau of Prisons Inmate Financial Responsibility Program. Any portion of the fine or assessment that is not paid in full at the time of release from imprisonment shall become a condition of Supervised Release, with payments made at a rate of not less than \$200.00 per month to commence 90 day after release. |  |  |
| Unk<br>imp<br>Resp | ess th<br>rison<br>pons | ne court has expressly ordered otherwise, if this judgment imposes imprisonment, payment of criminal monetary penalties is due during iment. All criminal monetary penalties, except those payments made through the Federal Bureau of Prisons' Inmate Financial ibility Program, are made to the clerk of the court.  |  |  |
|                    |                         | endant shall receive credit for all payments previously made toward any criminal monetary penalties imposed.   |  |  |
|                    |                         |  |  |  |
|                    | Join                    | nt and Several   |  |  |
|                    | De:<br>and              | fendant and Co-Defendant Names and Case Numbers (including defendant number), Total Amount, Joint and Several Amount, I corresponding payee, if appropriate.   |  |  |
|                    |                         |  |  |  |
|                    | The                     | e defendant shall pay the cost of prosecution.   |  |  |
|                    | The                     | e defendant shall pay the following court cost(s):   |  |  |
|                    | The                     | e defendant shall forfeit the defendant's interest in the following property to the United States:   |  |  |
|                    |                         |  |  |  |

Payments shall be applied in the following order: (1) assessment, (2) restitution principal, (3) restitution interest, (4) fine principal, (5) fine interest, (6) community restitution, (7) penalties, and (8) costs, including cost of prosecution and court costs.